

- utilize basic computer skills
- Behavioural Skills & Abilities
 - manage their behaviour
 - create & maintain a safe environment
 - respond appropriately in situations that are stressful, unpredictable, & involve conflict
 - react appropriately to giving & receiving physical touch
 - manage time appropriately
 - practice self-care on a regular basis ensuring adequate rest, exercise, nutrition & stress relief
- Interpersonal Skills & Abilities
 - develop & maintain relationships with individuals & groups
 - set limits & boundaries in relationships
 - behave in a nonjudgmental manner
 - display compassion & empathy for others
 - develop caring relationships with others
 - enjoy working in a team-based environment
- Personal Characteristics
 - open to learning
 - able to embrace & engage in personal change
 - emotionally mature & stable, able to understand & manage own feelings
 - reliable, patient, & adaptable
 - honest & accountable - This includes disclosing mental & physical health issues that may jeopardize the safety & well-being of others
 - able to